

Dr. Katie Clark
130 Ben Casey Drive, Suite 105
Fort Mill, SC 29708
803-547-8200



Post Sedation Instruction

It is important for your child's safety that you follow these instructions carefully! Failure to follow these instructions could result in unnecessary complications.

ACTIVITIES Do NOT plan or permit activities for your child after treatment. Allow your child to rest. Closely supervise any activity for the remainder of the day. When sleeping, encourage your child to lie on his/her side or stomach and maintain close supervision. Do not allow your child to obstruct their breathing with a pillow, clothing, etc. It is a good idea to restrict your child's activity (stressful play, climbing stairs, etc.)

GETTING HOME Two responsible adults must accompany your child. One adult should drive your child home and a second responsible adult must be available to take care of your child while driving home. Your child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.

DRINKING or EATING after TREATMENT After treatment, the first drink should be plain water. Clear liquids can be given next (fruit juice, sugar-free Kool-Aid, Gatorade, ginger ale, soup broth, etc). Small drinks taken repeatedly are preferable to taking large amounts. Soft, luke-warm, bland food may be taken when desired (mashed potatoes, yogurt, soup, pudding, ice cream, popsicles, etc.).

TEMPERATURE ELEVATION Your child's temperature may be elevated to 101 F (38 C) for the first 24 hours after treatment. Tylenol every 3-4 hours and fluids will help alleviate this condition. Temperature above 101° F (38° C) is cause to notify Dr. Katie Clark.

SEEK ADVICE If any of the following problems arise, call Dr. Clark at the office, or if she cannot be reached, call the Emergency Department at your local hospital:· If vomiting persists beyond four (4) hours· If the temperature remains elevated beyond 24 hours or goes above 101° F (38° C).· If there is any difficulty breathing or coloration of the skin is poor.· If any other matter causes you concern please contact Dr. Katie Clark at 803-547-8200.

Medications Received: _____

Time Given: _____

Explained By: _____ Date _____

Received By: _____ Date _____